

PROF. MADYA DATIN DR. AZA SHERIN BINTI MOHAMAD YUSUFF

PENSYARAH UNIVERSITI DS14

CONTACT

PHONE
067982389

E-MAIL
azasherin@usim.edu.my

FACULTY
Fakulti Perubatan Dan Sains Kesihatan

SUPERVISION

	COMPLETED	ONGOING
PhD	0	0
Master	0	0

AREAS OF EXPERTISE

- Community Nutrition
- Primary Health Care (including Family, Geriatric, Maternal And Perinatal (breastfeeding) Health, Child Health, Women's Health, Men's Health, Adolescent Health, Health Of The Disabled)

ACADEMIC QUALIFICATION

- 2013 **PhD** - Public Health
- 2001 **Master** - Sains (pemakanan)
- 1995 **Bachelor** - Sains Makanan Dan Pemakanan

RESEARCH

1. **IMPLEMENTATION OF REWARD MECHANISMS AND NUTRITIONAL HEALTH MANAGEMENT FOR COMMUNITY-DRIVEN SUBSTANCE ABUSE PREVENTION INTERVENTIONS FOR MINORS AT OMADAL ISLAND, SABAH**
   2025 | GERAN PENYELIDIKAN INDUSTRI | ON GOING | CO-RESEARCHER

2. **DEVELOPMENT AND MANAGEMENT OF SAFE SPACE CARETAKER GUIDELINES AND TRAINING PROGRAMS FOR IMPLEMENTING COMMUNITY-DRIVEN SUBSTANCE ABUSE PREVENTION INTERVENTIONS FOR MINORS AT OMADAL ISLAND, SABAH**
   2025 | GERAN PENYELIDIKAN INDUSTRI | ON GOING | CO-RESEARCHER

3. **GALACTAGOGUES CONSUMPTION AMONG LACTATING WOMEN IN NEGERI SEMBILAN: ASSOCIATED FACTORS AND EFFECTS ON HEALTH OF MOTHER AND BABY**
   2023 | GERAN PENYELIDIKAN USIM | ON GOING | MAIN RESEARCHER

4. **USIM-21 YEARS: IMPACT STUDY ON NATION AND SOCIETY**
   2022 | GERAN PENYELIDIKAN USIM | COMPLETED | CO-RESEARCHER

PUBLICATION

1. GALACTAGOGUES CONSUMPTION, EFFECTIVENESS AND SIDE EFFECTS: A REVIEW

ASIA PACIFIC ACADEMIC CONSORTIUM IN PUBLIC HEALTH

2025 PROCEEDING NON-INDEX MAIN AUTHOR

2. AWARENESS, ACCEPTANCE AND WILLINGNESS TO PAY FOR DENGUE VACCINE AMONG ELDERLY ADULTS IN A SEMI-URBAN TOWN IN MALAYSIA

USIM 10TH NATIONAL HEALTH SEMINAR 2025

2025 PROCEEDING NON-INDEX MAIN AUTHOR

3. CLASSROOMS WITHOUT WALLS- MOBILIZING FUTURE PUBLIC HEALTH ADVOCATES FOR DENGUE-FREE COMMUNITIES

SULAM INNOVATE, SHOWCASE & SYMPOSIUM (SUISS 2025)

2025 PROCEEDING NON-INDEX MAIN AUTHOR

4. ARE YOU WILLING TO PAY FOR DENGUE VACCINE? FINDINGS FROM A SMALL TOWN IN NEGERI SEMBILAN

THE 23RD INTERNATIONAL MEDICAL, PHARMACEUTICAL, COSMECEUTICAL AND HEALTH SCIENCE SYMPOSIUM (IMPACHS)

2025 PROCEEDING SCOPUS MAIN AUTHOR

5. KESIHATAN SEKSUAL DARIPADA PERSPEKTIF SAINS PEMAKANAN DAN KAEDAH RAWATAN (PERUBATAN MODEN, RUQYAH SYAR'IYYAH)

2025 BOOK

6. MAKANAN AFRODISIAK: KANDUNGAN FITOKIMIA DAN NUTRIEN

KESIHATAN SEKSUAL DARIPADA PERSPEKTIF SAINS PEMAKANAN DAN KAEDAH RAWATAN (PERUBATAN MODEN , RUQYAH SYAR'IYYAH)

2025 CHAPTER IN BOOK CO-AUTHOR

7. UNVEILING THE LINK BETWEEN HOLISTIC HEALTH BELIEF, COMPLEMENTARY AND ALTERNATIVE MEDICINE ATTITUDES, AND BETTER QUALITY OF LIFE

7TH INTERNATIONAL CONFERENCE ON MOLECULAR BIOLOGY & BIOTECHNOLOGY (ICMBB) 2024 IN CONJUNCTION WITH THE 6TH USIM INTERNATIONAL HEALTH CONFERENCE (IHEC) 2024

2024 PROCEEDING NON-INDEX MAIN AUTHOR

8. BENEFITS OF SUNNAH FOOD DURING PREGNANCY AND LACTATION

9TH USIM NATIONAL HEALTH SEMINAR

2023 PROCEEDING NON-INDEX MAIN AUTHOR

9. DOES KNOWLEDGE AND PREVENTIVE BEHAVIOURS ON COLORECTAL CANCER PROMOTE WILLINGNESS FOR SCREENING PRACTICE? FINDINGS FROM THE RURAL COMMUNITY

9TH USIM NATIONAL HEALTH SEMINAR

2023 PROCEEDING NON-INDEX CO-AUTHOR

10. PATIENT-REPORTED OUTCOME MEASURES (PROM) IN CHRONIC KNEE OSTEOARTHRITIS: A COMMUNITY-BASED STUDY AMONG THE POPULATION IN NEGERI SEMBILAN, MALAYSIA

USIM 9TH NATIONAL HEALTH SEMINAR 2023

2023 PROCEEDING NON-INDEX CO-AUTHOR

PUBLICATION

11. HEIGHT, WEIGHT, BODY MASS INDEX AND ANTHROPOMETRIC MEASUREMENTS

CLINICAL SKILLS GUIDELINES FOR MEDICAL STUDENTS

2023 | CHAPTER IN BOOK | CO-AUTHOR

12. EXPLORING THE ASSOCIATED FACTORS OF DEPRESSION, ANXIETY, AND STRESS AMONG HEALTHCARE SHIFT WORKERS DURING THE COVID-19 PANDEMIC

INTERNATIONAL JOURNAL OF ENVIRONMENTAL RESEARCH AND PUBLIC HEALTH

2022 | JOURNAL | ERA | CO-AUTHOR

13. THE ASSOCIATION OF EATING BEHAVIOUR ON THE GROWTH OF CHILDREN FROM THE INTERIOR DISTRICTS OF SABAH, MALAYSIA

RISK MANAGEMENT AND HEALTHCARE POLICY

2022 | JOURNAL | ERA | CO-AUTHOR

14. PREVALENCE OF MALNUTRITION AND ASSOCIATED FACTORS AMONG CHILDREN AGED 6?24 MONTHS UNDER POVERTY ALLEVIATION POLICY IN SHANXI PROVINCE, CHINA: A CROSS-SECTIONAL STUDY.

ANNALS OF MEDICINE AND SURGERY

2022 | JOURNAL | OTHER DATABASE | CO-AUTHOR

15. PREVALENCE AND FACTORS ASSOCIATED WITH DIGITAL HEALTH LITERACY LEVEL AMONG POPULATION IN PONDOI, NEGERI SEMBILAN

5TH USIM INTERNATIONAL HEALTH CONFERENCE 2022

2022 | PROCEEDING | NON-INDEX | CO-AUTHOR

16. PREVALENCE AND FACTORS ASSOCIATED WITH DEPRESSION AMONG THE ELDERLY IN PONDOI, NEGERI SEMBILAN

5TH USIM INTERNATIONAL HEALTH CONFERENCE 2022

2022 | PROCEEDING | SCOPUS | MAIN AUTHOR

17. LONELINESS AMONG OLDER ADULTS IN A RURAL VILLAGE IN NEGERI SEMBILAN

5TH USIM INTERNATIONAL HEALTH CONFERENCE 2022, LESSONS FROM PANDEMIC: RESHAPING MEDICINE AND HEALTHCARE

2022 | PROCEEDING | SCOPUS | CO-AUTHOR

18. DETERMINING THE PREVALENCE OF FAMILY PLANNING (FP) UTILISATION AND ITS ASSOCIATED FACTORS AMONG ADULTS IN MALAYSIA: AN ONLINE SURVEY.

INTERNATIONAL JOURNAL FOR STUDIES ON CHILDREN, WOMEN, ELDERLY AND DISABLED

2021 | JOURNAL | MYCITE | CO-AUTHOR

19. DETERMINING FACTORS ASSOCIATED WITH THE KNOWLEDGE, ATTITUDE AND PRACTICE OF COVID-19 PANDEMIC AMONG MEDICAL STUDENTS IN MALAYSIA

MALAYSIAN JOURNAL OF PUBLIC HEALTH MEDICINE

2021 | JOURNAL | SCOPUS | CO-AUTHOR

20. INTERVENTION TO ADDRESS CHILDHOOD UNDERNUTRITION: A SYSTEMATIC REVIEW

BORNEO EPIDEMIOLOGY JOURNAL

2021 | JOURNAL | MYCITE | MAIN AUTHOR / CONTACT PERSON IN USIM

PUBLICATION

21. IMPACT OF COVID-19 PANDEMIC AMONG MEDICAL STUDENTS IN A PUBLIC UNIVERSITY: A STUDY PROTOCOL

ULUM ISLAMIYYAH JOURNAL

2021 JOURNAL ERA CO-AUTHOR

22. RISK FACTORS FOR UNDERNUTRITION IN CHILDREN UNDER FIVE YEARS OF AGE IN TENOM, SABAH, MALAYSIA

MALAYSIAN JOURNAL OF PUBLIC HEALTH MEDICINE

2020 JOURNAL SCOPUS MAIN AUTHOR / CONTACT PERSON IN USIM

23. A TRAINING MODULE TO EMPOWER MARGINALISED NORTHERN BORNEO ISLANDERS FOR TUBERCULOSIS CONTROL

JOURNAL OF PUBLIC HEALTH RESEARCH

2020 JOURNAL ERA MAIN AUTHOR / CONTACT PERSON IN USIM

24. FACTORS INFLUENCING ATTITUDE TOWARD ORGAN AND TISSUE DONATION AMONG PATIENTS IN PRIMARY CLINIC, SABAH, MALAYSIA

TRANSPLANTATION PROCEEDINGS

2020 JOURNAL ISI MAIN AUTHOR

25. PREVALENCE AND RISK FACTORS FOR POSTNATAL DEPRESSION IN SABAH, MALAYSIA: A COHORT STUDY

WOMEN AND BIRTH

2015 JOURNAL ERA MAIN AUTHOR

CONSULTATION

1. Penjagaan Kesihatan Seksual Lelaki dan Perempuan secara Moden dan Komplimentari

JHEAINS

Others

AWARDS/RECOGNITION

1. ACADEMIC ADVISOR

PENILAI ORAL PRESENTATION NHS

2025 UNIVERSITY

2. ACADEMIC ADVISOR

PENILAI GERAN FRGS

2025 UNIVERSITY

3. ACADEMIC ADVISOR

PENILAI LAPORAN AKHIR PROJEK PENYELIDIKAN

2025 UNIVERSITY

AWARDS/RECOGNITION

4. ACADEMIC ADVISOR

PENILAI GERAN FUNDAMENTAL USIM

2025 UNIVERSITY

5. ACADEMIC ADVISOR

PENILAI KESEPAKARAN

2025 UNIVERSITY

6. ACADEMIC ADVISOR

PANEL TEMUDUGA JAWATAN AKADEMIK

2025 OTHERS

7. ACADEMIC ADVISOR

CHAIRMAN VIVA-VOCE

2025 UNIVERSITY

8. ACADEMIC ADVISOR

PENILAI LAPORAN SSM PELAJAR TAHUN 4 2024/2025

2025 UNIVERSITY

9. ACADEMIC ADVISOR

SURAT LANTIKAN MENTOR TUTELAGE BAGI PELAJAR PERUBATAN SESI AKADEMIK 2025/2026

2025 OTHERS

10. ACADEMIC ADVISOR

PANEL PENILAI PEMBENTANGAN SPECIAL STUDY MODULE PELAJAR TAHUN 4 2024/2025

2025 OTHERS

11. TRAINER / FACILITATOR

WORKSHOP MULTIPLE MINI INTERVIEW, FPSK

2025 OTHERS

12. ACADEMIC PROGRAM ADVISOR

INNOVATION BANK CHALLENGE

2025 UNIVERSITY

13. JOURNAL PEER REVIEWER (PEWASIT ARTIKEL JURNAL)

BIO WEB OF CONFERENCES

2025 INTERNATIONAL

14. JOURNAL PEER REVIEWER (PEWASIT ARTIKEL JURNAL)

BIO WEB OF CONFERENCES

2025 INTERNATIONAL

AWARDS/RECOGNITION

15. JOURNAL PEER REVIEWER (PEWASIT ARTIKEL JURNAL)

BIO WEB OF CONFERENCES

2025 INTERNATIONAL

16. JOURNAL PEER REVIEWER (PEWASIT ARTIKEL JURNAL)

BIO WEB CONFERENCES JOURNAL

2025 INTERNATIONAL

17. TRAINER / FACILITATOR

JHEAINS

2025 NATIONAL

18. ADVISORY / EDITOR / EDITORIAL

MALDIVES NATIONAL JOURNAL FOR RESEARCH

2025 INTERNATIONAL

19. JOURNAL PEER REVIEWER (PEWASIT ARTIKEL JURNAL)

MALAYSIAN JOURNAL OF MEDICAL SCIENCES

2025 NATIONAL

20. ACADEMIC ADVISOR

MODERATOR SYMPOSIUM NHS

2025 NATIONAL

21. CLASSROOMS WITHOUT WALLS (CLAWW) - MOBILIZING FUTURE PUBLIC HEALTH ADVOCATES FOR DENGUE-FREE COMMUNITIES: HIGHLIGHTS THE EDUCATION-TO-ACTION TRANSITION AND COMMUNITY ENGAGEMENT, LINKED TO SULAM VALUES

3rd SULAM INNOVATE SHOWCASE AND SYMPOSIUM

2025 KEBANGSAAN SILVER

22. ARE YOU WILLING TO PAY FOR DENGUE VACCINE?FINDINGS FROM A SMALL TOWN IN NEGERI SEMBILAN

23rd Scientific Meeting of the International Medical, Pharmaceutical, Cosmeceutical and Health Scien

2025 ANTARABANGSA GOLD

23. AWARENESS, ACCEPTANCE AND WILLINGNESS TO PAY FOR DENGUE VACCINE AMONG ELDERLY ADULTS IN A SEMI- URBAN TOWN IN MALAYSIA

10th USIM National Health Seminar (NHS) 2025

2025 KEBANGSAAN SILVER

24. ULTRA PROCESSED FOODS CONSUMPTION EFFECTS AND INDUSTRIES INITIATIVES FOR HEALTHIER CHOICES: A REVIEW (BEST ORAL PRESENTER)

The 3 International Conference on Food Technology and Nutrition

2025 ANTARABANGSA

25. ACADEMIC ADVISOR

PUSAT PENGAJIAN PASCASISWAZAH USIM

2024 UNIVERSITY

AWARDS/RECOGNITION

26. ACADEMIC ADVISOR

PENYELARAS KURSUS AKADEMIK SESI 2024/2025

2024 UNIVERSITY

27. ACADEMIC ADVISOR

PENYELIA SSM YR 4 SESI 2024/2025

2024 UNIVERSITY

28. ACADEMIC ADVISOR

PPI

2024 UNIVERSITY

29. ACADEMIC ADVISOR

FPSK - BENGKEL SUPERVISING POSTGRADUATE STUDENTS

2024 OTHERS

30. ACADEMIC ADVISOR

PPI - PANEL PENILAI FRGS 2024

2024 UNIVERSITY

31. ACADEMIC ADVISOR

FPSK

2024 UNIVERSITY

32. ACADEMIC ADVISOR

UKM

2024 NATIONAL

33. ACADEMIC ADVISOR

PEMBINA MODUL ELEKTIF BARU

2023 UNIVERSITY

34. ACADEMIC ADVISOR

PENILAI LAPORAN SPECIAL STUDY MODULE I (SSM ? PAW4012) PELAJAR TAHUN 4 SESI AKADEMIK 2022/2023

2023 OTHERS

35. ACADEMIC ADVISOR

PENYELARAS KURSUS SESI AKADEMIK 2023/2024

2023 OTHERS

36. ACADEMIC ADVISOR

PANEL PENILAI PEMBENTANGAN SPECIAL STUDY MODULE PELAJAR TAHUN 4 SESI 2022/2023

2023 OTHERS

AWARDS/RECOGNITION

37. ACADEMIC ADVISOR

PANEL PENILAI SESI PEMBENTANGAN KURSUS SPECIAL STUDY MODULE II (PAW5012) PELAJAR TAHUN 5 SESI AKADEMIK 2022/2023

2023 OTHERS

38. ANUGERAH KHAS YB MENTERI PENGAJIAN TINGGI: REKABENTUK KURIKULUM DAN PENYAMPAIAN INOVATIF (AKRI) 2022

2022 NATIONAL

39. ACADEMIC ADVISOR

MENTOR PROGRAM PERSONAL TUTELAGE PELAJAR TAHUN 1 SESI AKADEMIK 2022/2023

2022 OTHERS

40. ACADEMIC ADVISOR

MENTOR BAGI PROGRAM ?PERSONAL TUTELAGE? SESI AKADEMIK 2021/2022

2022 OTHERS

41. ACADEMIC ADVISOR

PANEL PENILAI SESI PEMBENTANGAN SPECIAL STUDY MODULE I (SSM - PAW4012) PELAJAR TAHUN 4 SESI AKADEMIK 2021/2022

2022 OTHERS

42. ACADEMIC ADVISOR

PENYARING ETIKA PENYELIDIKAN

2022 OTHERS

43. ACADEMIC ADVISOR

QUALIFYING TEST/ PROPOSAL DEFENCE PELAJAR DOCTOR OF PHILOSOPHY (MEDICAL SCIENCE)

2022 OTHERS

44. ACADEMIC ADVISOR

PENYELIA @ SUPERVISOR SPECIAL STUDY MODULE II (PAW5012) PELAJAR TAHUN 5 SESI AKADEMIK 2022/2023

2022 OTHERS

45. PREVALENCE AND FACTORS ASSOCIATED WITH DEPRESSION AMONG THE ELDERLY IN PONDOI, NEGERI SEMBILAN

INNOVATION BANK CHALLENGE (IBC 2022)

2022 UNIVERSITI GOLD

46. PREVALENCE AND FACTORS ASSOCIATED WITH DIGITAL HEALTH LITERACY LEVEL AMONG POPULATION IN PONDOI, NEGERI SEMBILAN

INNOVATION BANK CHALLENGE (IBC 2022)

2022 UNIVERSITI SILVER

47. ACADEMIC ADVISOR

FPSK, USIM

2021 UNIVERSITY

AWARDS/RECOGNITION

48. ACADEMIC ADVISOR

USIM

2021 UNIVERSITY

49. ACADEMIC ADVISOR

USIM

2021 NATIONAL

50. ACADEMIC ADVISOR

UNISZA, UPSI, IIUM, USIM

2021 NATIONAL

51. ACADEMIC ADVISOR

USIM

2021 UNIVERSITY

52. ACADEMIC ADVISOR

USIM

2021 UNIVERSITY

53. ACADEMIC ADVISOR

USIM

2021 UNIVERSITY

54. PSYCHOLOGICAL IMPACT OF THE COVID -19 PANDEMIC AMONG UNDEGRADUATE STUDENTS A SYSTEMATIC REVIEW

4th USIM INTERNATIONAL HEALTH E-CONFERENCE

2020 ANTARABANGSA GOLD