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CONTACT

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FACULTY
Fakulti Perubatan Dan Sains Kesihatan

SUPERVISION

	COMPLETED	ONGOING
PhD	0	0
Master	0	0

AREAS OF EXPERTISE

Community Nutrition

Primary Health Care (including Family, Geriatric, Maternal And Perinatal (breastfeeding) Health, Child Health, Women's Health, Men's Health, Adolescent Health, Health Of The Disabled)

ACADEMIC QUALIFICATION

2013 **PhD** - Public Health

2001 **Master** - Sains (pemakanan)

1995 **Bachelor** - Sains Makanan Dan Pemakanan

RESEARCH

1. GALACTAGOGUES CONSUMPTION AMONG LACTATING WOMEN IN NEGERI SEMBILAN: ASSOCIATED FACTORS AND EFFECTS ON HEALTH OF MOTHER AND BABY

2023 | GERAN PENYELIDIKAN USIM | ON GOING | MAIN RESEARCHER

PUBLICATION

1. GALACTAGOGUES CONSUMPTION, EFFECTIVENESS AND SIDE EFFECTS: A REVIEW

ASIA PACIFIC ACADEMIC CONSORTIUM IN PUBLIC HEALTH

2025 PROCEEDING NON-INDEX MAIN AUTHOR

2. AWARENESS, ACCEPTANCE AND WILLINGNESS TO PAY FOR DENGUE VACCINE AMONG ELDERLY ADULTS IN A SEMI-URBAN TOWN IN MALAYSIA

USIM 10TH NATIONAL HEALTH SEMINAR 2025

2025 PROCEEDING NON-INDEX MAIN AUTHOR

3. CLASSROOMS WITHOUT WALLS- MOBILIZING FUTURE PUBLIC HEALTH ADVOCATES FOR DENGUE-FREE COMMUNITIES

SULAM INNOVATE, SHOWCASE & SYMPOSIUM (SUISS 2025)

2025 PROCEEDING NON-INDEX MAIN AUTHOR

4. ARE YOU WILLING TO PAY FOR DENGUE VACCINE? FINDINGS FROM A SMALL TOWN IN NEGERI SEMBILAN

THE 23RD INTERNATIONAL MEDICAL, PHARMACEUTICAL, COSMECEUTICAL AND HEALTH SCIENCE SYMPOSIUM (IMPACHS)

2025 PROCEEDING SCOPUS MAIN AUTHOR

5. UNVEILING THE LINK BETWEEN HOLISTIC HEALTH BELIEF, COMPLEMENTARY AND ALTERNATIVE MEDICINE ATTITUDES, AND BETTER QUALITY OF LIFE

7TH INTERNATIONAL CONFERENCE ON MOLECULAR BIOLOGY & BIOTECHNOLOGY (ICMBB) 2024 IN CONJUNCTION WITH THE 6TH USIM INTERNATIONAL HEALTH CONFERENCE (IHEC) 2024

2024 PROCEEDING NON-INDEX MAIN AUTHOR

6. BENEFITS OF SUNNAH FOOD DURING PREGNANCY AND LACTATION

9TH USIM NATIONAL HEALTH SEMINAR

2023 PROCEEDING NON-INDEX MAIN AUTHOR

7. PREVALENCE AND FACTORS ASSOCIATED WITH DEPRESSION AMONG THE ELDERLY IN PONDOI, NEGERI SEMBILAN

5TH USIM INTERNATIONAL HEALTH CONFERENCE 2022

2022 PROCEEDING SCOPUS MAIN AUTHOR

8. FACTORS INFLUENCING ATTITUDE TOWARD ORGAN AND TISSUE DONATION AMONG PATIENTS IN PRIMARY CLINIC, SABAH, MALAYSIA

TRANSPLANTATION PROCEEDINGS

2020 JOURNAL ISI MAIN AUTHOR

9. PREVALENCE AND RISK FACTORS FOR POSTNATAL DEPRESSION IN SABAH, MALAYSIA: A COHORT STUDY

WOMEN AND BIRTH

2015 JOURNAL ERA MAIN AUTHOR

CONSULTATION

1. Penjagaan Kesihatan Seksual Lelaki dan Perempuan secara Moden dan Komplimentari

JHEAINS

Others

AWARDS/RECOGNITION

1. ACADEMIC ADVISOR

PENILAI ORAL PRESENTATION NHS

2025 UNIVERSITY

2. ACADEMIC ADVISOR

PENILAI GERAN FRGS

2025 UNIVERSITY

3. ACADEMIC ADVISOR

PENILAI LAPORAN AKHIR PROJEK PENYELIDIKAN

2025 UNIVERSITY

4. ACADEMIC ADVISOR

PENILAI GERAN FUNDAMENTAL USIM

2025 UNIVERSITY

5. ACADEMIC ADVISOR

PENILAI KESEPAKARAN

2025 UNIVERSITY