



**PROF. DR. ZAIRINA
BINTI A. RAHMAN**

PENSYARAH PERUBATAN GRED
KHAS C

CONTACT

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Faculty: Fakulti
Perubatan Dan Sains
Kesihatan

SUPERVISION

PhD - Completed: 3, Ongoing: 2

Master - Completed: 1,
Ongoing: 0

AREAS OF EXPERTISE

Air Quality

Epidemiology

Health And Safety (occupational)

Health Information Systems

Other Public Health, Environmental And Occupational
Health And Safety Research

Clinical Nutrition

Burden Of Disease

Zoonotic Diseases

Burden Of Diseases

Early Detection Of Health Disorders

Epidemiology

Eye And Visual Health

Health Education And Promotion

Community Research

ACADEMIC QUALIFICATION

Sarjana Kepakaran in Kesihatan Awam (kesihatan
Pekerjaan) (2005)

Master in Kesihatan Awam (2002)

Bachelor in Doktor Perubatan (1996)

Bachelor in Perubatan & Sains Kesihatan (1992)

RESEARCH

**1. DEVELOPING THE FRAMEWORK OF FIREFIGHTERS?
COPING ORIENTATION TOWARDS POST-TRAUMATIC STRESS
IN THE FIRE AND RESCUE DEPARTMENT MALAYSIA, PENANG**

2023 BIDUNI MIZANNIYAH ON GOING MAIN RESEARCHER

**2. HEALTH LITERACY OF CHILDHOOD VACCINATION :
IMPROVING KNOWLEDGE AND AWARENESS ON
VACCINATION AMONG COMMUNITY AND RELIGIOUS
LEADERS**

2020 PENYELIDIKAN TANPA BIAYA COMPLETED CO-RESEARCHER

**3. ASSESSMENT OF KNOWLEDGE , ATTITUDE AND PRACTICE
OF THE MALAYSIANS ON THE VARIOUS HEALTH AND LEGAL
MEASURES CONCERNING MOVEMENT CONTROL ORDER
(MCO) DURING THE COVID-19 PANDEMIC**

2020 GERAN PENYELIDIKAN COVID-19 COMPLETED MAIN RESEARCHER

**4. ADHERENCE TO CUPPING PRACTICE GUIDELINES AMONG
CUPPING PRACTITIONERS IN SELANGOR, FEDERAL
TERRITORY AND WEST MALAYSIA.**

2017 PENYELIDIKAN TANPA BIAYA COMPLETED MAIN RESEARCHER

**5. PREVALENCE,KNOWLEDGE,ATTITUDE AND PRACTICE ON
ELECTRONIC CIGARETTE AMONG UNDERGRADUATE
STUDENTS IN USIM**

2016 GERAN JANGKA PENDEK FASA 1 COMPLETED CO-RESEARCHER

RESEARCH

6. INDEKS SYARIAH MALAYSIA (FASA 2)

2016 GERAN PENYELIDIKAN AGENSI KERAJAAN COMPLETED MAIN RESEARCHER

7. TRAINING OF TRAINERS (TOT) PROGRAM ON HUMAN PAPILLOMA VIRUS KNOWLEDGE AND AWARENESS FOR CERVICAL CANCER PREVENTION FOR SECONDARY SCHOOL COUNSELORS IN NEGERI SEMBILAN

2015 GERAN KPT COMPLETED CO-RESEARCHER

8. MENILAI KEBERKESANAN USAHA KERAJAAN DALAM MELAKSANAKAN MAQASI SYARIAH UNTUK PROGRAM BERKAITAN KESIHATAN DI NEGERI SEMBILAN, SELANGOR DAN WILAYAH PERSEKUTUAN

2015 GERAN PENYELIDIKAN AGENSI KERAJAAN COMPLETED MAIN RESEARCHER

9. SOCIO-CULTURAL ACCEPTANCE OF MALAYSIAN ON DATES AND GOAT MILK AND/OR ITS ALTERNATIVES

2013 GERAN KPT COMPLETED CO-RESEARCHER

10. MUSCULOSKELETAL PROBLEMS AMONG AGRICULTURAL WORKERS IN TAMPIN NEGERI SEMBILAN

2012 GERAN PENYELIDIKAN FUNDAMENTAL COMPLETED CO-RESEARCHER

11. DEVELOPMENT OF A HALAL CERTIFICATION MODULE AND TRAINING PROGRAMME FOR THE PHARMACEUTICAL INDUSTRY

2011 GERAN KPT COMPLETED CO-RESEARCHER

12. THE STUDY OF KNOWLEDGE AND ATTITUDE TOWARDS FEMALE CIRCUMCISION AMONG FEMALE MUSLIM PATIENTS AT OBST

2011 GERAN PENYELIDIKAN FUNDAMENTAL COMPLETED CO-RESEARCHER

13. RANDOMIZED CONTROL FIELD TRIAL TO EXPLORE HOLISTIC HEALTH CARE DETERMINANTS AND QUALITY OF LIFE STRATEGIES AND PREDICTORS MANAGEMENT OUTCOMES OF TYPE-2 DIABETES MELLITUS PATIENTS IN PRIMARY HEALTH CARE SETTING

2011 GERAN KPT COMPLETED MAIN RESEARCHER

14. STRESS IN MEDICAL SCHOOL: THE DIFFERENCE IN MEDICAL SCHOOL WITH RELIGIOUS INTEGRATED CURRICULUM

2009 GERAN PENYELIDIKAN PANTAS BAWAH SETAHUN COMPLETED MAIN RESEARCHER

15. PREVELANCE OF WORK RELATED UPPER LIMBS SYMPTOMS (WRULS) AMONG OFFICE WORKERS

2003 GERAN PENYELIDIKAN INDUSTRI COMPLETED MAIN RESEARCHER

PUBLICATION

1. AWARENESS, ACCEPTANCE AND WILLINGNESS TO PAY FOR DENGUE VACCINE AMONG ELDERLY ADULTS IN A SEMI-URBAN TOWN IN MALAYSIA

USIM 10TH NATIONAL HEALTH SEMINAR 2025

2025 PROCEEDING NON-INDEX MAIN AUTHOR

2. CLASSROOMS WITHOUT WALLS- MOBILIZING FUTURE PUBLIC HEALTH ADVOCATES FOR DENGUE-FREE COMMUNITIES

SULAM INNOVATE, SHOWCASE & SYMPOSIUM (SUISS 2025)

2025 PROCEEDING NON-INDEX MAIN AUTHOR

3. ARE YOU WILLING TO PAY FOR DENGUE VACCINE? FINDINGS FROM A SMALL TOWN IN NEGERI SEMBILAN

THE 23RD INTERNATIONAL MEDICAL, PHARMACEUTICAL, COSMECEUTICAL AND HEALTH SCIENCE SYMPOSIUM (IMPACHS)

2025 PROCEEDING SCOPUS MAIN AUTHOR

4. EVALUATING THE RELIABILITY AND MODEL FIT OF THE 13-ITEM AND 10-ITEM BIG FIVE INVENTORY (MALAY VERSION) AMONG MALAYSIAN FIREFIGHTERS

MALAYSIAN JOURNAL MEDICAL SCIENCE

2024 JOURNAL ISI AND SCOPUS CORRESPONDING AUTHOR

5. POST TRAUMATIC DEPRESSION, ANXIETY AND STRESS SYMPTOMS AMONG MALAYSIAN FIREFIGHTERS

INTERNATIONAL MEDICAL JOURNAL MALAYSIA (IMJM)

2024 JOURNAL SCOPUS CORRESPONDING AUTHOR

6. UNVEILING THE LINK BETWEEN HOLISTIC HEALTH BELIEF, COMPLEMENTARY AND ALTERNATIVE MEDICINE ATTITUDES, AND BETTER QUALITY OF LIFE

PRESENTED DURING THE 7TH INTERNATIONAL CONFERENCE ON MOLECULAR BIOLOGY AND BIOTECHNOLOGY 2024

2024 PROCEEDING SCOPUS CO-AUTHOR

7. PREDICTORS OF POST-TRAUMATIC STRESS SYMPTOMS AMONG MALAYSIAN FIREFIGHTERS IN PENANG

4TH INTERNATIONAL CONFERENCE ON MEDICAL SCIENCE TECHNOLOGY (ICMST 2024)

2024 PROCEEDING NON-INDEX CORRESPONDING AUTHOR

8. UNVEILING THE LINK BETWEEN HOLISTIC HEALTH BELIEF, COMPLEMENTARY AND ALTERNATIVE MEDICINE ATTITUDES, AND BETTER QUALITY OF LIFE

7TH INTERNATIONAL CONFERENCE ON MOLECULAR BIOLOGY & BIOTECHNOLOGY (ICMBB) 2024 IN CONJUNCTION WITH THE 6TH USIM INTERNATIONAL HEALTH CONFERENCE (IHEC) 2024

2024 PROCEEDING NON-INDEX MAIN AUTHOR

9. PREDICTORS OF POST TRAUMATIC STRESS SYMPTOMS AMONG MALAYSIAN FIREFIGHTERS IN PENANG

4TH INTERNATIONAL CONFERENCE ON MEDICAL SCIENCE TECHNOLOGY (ICMST 2024)

2024 PROCEEDING SCOPUS CO-AUTHOR

10. DOES KNOWLEDGE AND PREVENTIVE BEHAVIOURS ON COLORECTAL CANCER PROMOTE WILLINGNESS FOR SCREENING PRACTICE? FINDINGS FROM THE RURAL COMMUNITY

9TH USIM NATIONAL HEALTH SEMINAR

2023 PROCEEDING NON-INDEX CO-AUTHOR

11. COLORECTAL CANCER: AM I AT RISK? WILL I GO FOR SCREENING?

USIM 9TH NATIONAL HEALTH SEMINAR

2023 PROCEEDING NON-INDEX CO-AUTHOR

12. PATIENT-REPORTED OUTCOME MEASURES (PROM) IN CHRONIC KNEE OSTEOARTHRITIS: A COMMUNITY-BASED STUDY AMONG THE POPULATION IN NEGERI SEMBILAN, MALAYSIA

USIM 9TH NATIONAL HEALTH SEMINAR 2023

2023 PROCEEDING NON-INDEX CO-AUTHOR

13. FPSK COVID-19 EXPERIENCE.RECORDING HISTORY

2023 BOOK CO-AUTHOR

PUBLICATION

14. PREVALENCE AND FACTORS ASSOCIATED WITH DIGITAL HEALTH LITERACY LEVEL AMONG POPULATION IN PONDOI, NEGERI SEMBILAN

5TH USIM INTERNATIONAL HEALTH CONFERENCE 2022

2022 PROCEEDING NON-INDEX CO-AUTHOR

15. PREVALENCE AND FACTORS ASSOCIATED WITH DEPRESSION AMONG THE ELDERLY IN PONDOI, NEGERI SEMBILAN

5TH USIM INTERNATIONAL HEALTH CONFERENCE 2022

2022 PROCEEDING SCOPUS MAIN AUTHOR

16. LONELINESS AMONG OLDER ADULTS IN A RURAL VILLAGE IN NEGERI SEMBILAN

5TH USIM INTERNATIONAL HEALTH CONFERENCE 2022, LESSONS FROM PANDEMIC: RESHAPING MEDICINE AND HEALTHCARE

2022 PROCEEDING SCOPUS CO-AUTHOR

17. CHAPTER 8: KNOWLEDGE ATTITUDE AND PRACTICES ON HEALTH AND LEGAL MEASURES

COVID-19 EDUCATION AND LITERACY IN MALAYSIA

2022 CHAPTER IN BOOK CO-AUTHOR

18. RELIABILITY AND VALIDITY OF AN INSTRUMENT TO EVALUATE KNOWLEDGE, ATTITUDE AND PRACTICE TOWARDS MEASURES FOR PREVENTING THE SPREAD OF COVID-19 IN MALAYSIA: A PILOT STUDY

ULUM ISLAMIYYAH JOURNAL

2021 JOURNAL ERA CORRESPONDING AUTHOR

19. DETERMINING THE PREVALENCE OF FAMILY PLANNING (FP) UTILISATION AND ITS ASSOCIATED FACTORS AMONG ADULTS IN MALAYSIA: AN ONLINE SURVEY.

INTERNATIONAL JOURNAL FOR STUDIES ON CHILDREN, WOMEN, ELDERLY AND DISABLED

2021 JOURNAL MYCITE CO-AUTHOR

20. KNOWLEDGE, ATTITUDE AND PRACTICE ON ELECTRONIC CIGARETTE AND THEIR ASSOCIATED FACTORS AMONG UNDERGRADUATE STUDENTS IN A PUBLIC UNIVERSITY

INTERNATIONAL MEDICAL JOURNAL MALAYSIA

2021 JOURNAL ISI AND SCOPUS CO-AUTHOR

21. DETERMINING FACTORS ASSOCIATED WITH THE KNOWLEDGE, ATTITUDE AND PRACTICE OF COVID-19 PANDEMIC AMONG MEDICAL STUDENTS IN MALAYSIA

MALAYSIAN JOURNAL OF PUBLIC HEALTH MEDICINE

2021 JOURNAL SCOPUS CO-AUTHOR

22. IMPACT OF COVID-19 PANDEMIC AMONG MEDICAL STUDENTS IN A PUBLIC UNIVERSITY: A STUDY PROTOCOL

ULUM ISLAMIYYAH JOURNAL

2021 JOURNAL ERA CO-AUTHOR

23. DETERMINING PREVALENCE OF FAMILY PLANNING UTILISATION AND ITS ASSOCIATED FACTORS AMONG ADULTS IN MALAYSIA: AN ONLINE SURVEY

PERSIDANGAN KEPENDUDUKAN KEBANGSAAN 2021

2021 PROCEEDING NON-INDEX CO-AUTHOR

24. OCCUPATIONAL HEALTH AND SAFETY FOR BEGINNERS

2021 BOOK MAIN AUTHOR

25. CONSTRUCT VALIDITY AND RELIABILITY OF THE ADHERENCE TO MALAYSIAN CUPPING PRACTICE GUIDELINE QUESTIONNAIRE FOR CUPPING PRACTITIONERS

INTERNATIONAL JOURNAL OF PHARMACEUTICAL RESEARCH

2020 JOURNAL SCOPUS CO-AUTHOR

26. ADHERENCE TO CUPPING PRACTICE GUIDELINES AMONG CUPPING PRACTITIONERS IN MALAYSIA

INTERNATIONAL JOURNAL OF PSYCHOSOCIAL REHABILITATION

2020 JOURNAL SCOPUS CO-AUTHOR

PUBLICATION

27. MICROWAVE USAGE AND CANCER: DO MICROWAVES CAUSE CANCER?

MALAYSIAN JOURNAL OF SCIENCES, HEALTH & TECHNOLOGY

2020 JOURNAL OTHER DATABASE MAIN AUTHOR / CONTACT PERSON IN USIM

28. DOES GOOD KNOWLEDGE ON DIETARY RISK FACTORS FOR DIABETES TRANSLATE INTO GOOD DIETARY PRACTICE? FINDINGS FROM A SUBURBAN COMMUNITY IN TAMPIN, NEGERI SEMBILAN

MEDICAL JOURNAL OF MALAYSIA

2019 JOURNAL SCOPUS CO-AUTHOR

29. TRAINING OF TRAINERS (TOT) PROGRAMME ON HUMAN PAPILLOMAVIRUS KNOWLEDGE AND AWARENESS FOR CERVICAL CANCER PREVENTION: AN UPDATE

4TH NATIONAL CONFERENCE ON KNOWLEDGE TRANSFER

2018 PROCEEDING NON-INDEX CO-AUTHOR

30. USIM HEALTH INTERVENTION DAY 2018: COMMUNITY INTERVENTION PROGRAM ORGANISED BY MEDICAL STUDENTS IN COLLABORATION WITH MULTIPLE AGENCISE AT FELDA BUKIT ROKAN UTARA GEMENCHEH

3RD USIM INTERNATIONAL HEALTH CONFERENCE

2018 PROCEEDING NON-INDEX CO-AUTHOR

31. GOAT'S MILK CONSUMPTION AMONG MUSLIM MALAYSIAN RESIDENTS IN PULAU LANGKAWI, KEDAH

ADVANCED SCIENCE LETTERS

2017 JOURNAL SCOPUS CO-AUTHOR

32. ASSESSING NUTRITIONAL KNOWLEDGE, ATTITUDES AND PRACTICES AND BODY MASS INDEX OF ADOLESCENT RESIDENTS OF ORPHANAGE INSTITUTIONS IN SELANGOR AND MALACCA

PAKISTAN JOURNAL OF NUTRITION

2017 JOURNAL WOS CO-AUTHOR

33. PREVALENCE OF COMPLEMENTARY AND ALTERNATIVE MEDICINE (CAM) USAGE AND SOCIODEMOGRAPHIC FACTORS AMONG ADULTS AT TAMAN IMPIAN JAYA, GEMENCHEH, NEGERI SEMBILAN

NATIONAL HEALTH SEMINAR 2017

2017 PROCEEDING NON-INDEX MAIN AUTHOR

34. TRAINING OF TRAINERS (TOT) PROGRAMME ON HUMAN PAPILLOMAVIRUS KNOWLEDGE AND AWARENESS FOR CERVICAL CANCER PREVENTION

KNOWLEDGE TRANSFER PROGRAM (NCKT 16)

2017 PROCEEDING NON-INDEX CO-AUTHOR

35. TRAINING OF TRAINERS (TOT) PROGRAMME ON HUMAN PAPILLOMAVIRUS KNOWLEDGE AND AWARENESS FOR CERVICAL CANCER PREVENTION

KNOWLEDGE TRANSFER PROGRAM (NCKT 16)

2017 PROCEEDING NON-INDEX CO-AUTHOR

36. AN EDUCATIONAL INTERVENTION APPROACH INCREASES SECONDARY SCHOOL COUNSELLORS HUMAN PAPILOMA VACCINE KNOWLEDGE AND AWARENESS FOR CANCER PREVENTION

24TH ASIA PACIFIC CANCER CONFERENCE

2017 PROCEEDING NON-INDEX CO-AUTHOR

37. INTEGRASI ILMU NAQLI DAN AQLI DALAM PENGAJARAN DAN PEMBELAJARAN POSTING KESIHATAN MASYARAKAT

WACANA INTEGRASI ILMU AQLI NAQLI

2017 CHAPTER IN BOOK CO-AUTHOR

38. EFFECTS OF NUTRITIONAL HEALTH CONSCIOUSNESS ON CONSUMER'S GOAT MILK CONSUMPTION

MAN IN INDIA

2016 JOURNAL SCOPUS CO-AUTHOR

39. A MEDIATING EFFECT OF FOOD NEOPHOBIA TOWARD PURCHASING INTENTION OF GOAT MILKS AMONG MALAYSIAN CONSUMERS

MAN IN INDIA

2016

JOURNAL

SCOPUS

CO-AUTHOR

PUBLICATION

40. PRACTICES OF PHOENIX DACTYLIFERA (DATES) AMONG RESIDENTS IN KG DATO'''' AHMAD RAZALI, DENGKIL, SELANGOR: A PRELIMINARY STUDY

INTERNATIONAL JOURNAL OF SOCIAL SCIENCE AND HUMANITY

2016 JOURNAL OTHER DATABASE CO-AUTHOR

41. FACTORS ASSOCIATED WITH GLYCEMIC CONTROL AMONG TYPE-2 DIABETES MELLITUS PATIENTS

INTERNATIONAL JOURNAL OF PUBLIC HEALTH AND CLINICAL SCIENCES

2016 JOURNAL OTHER DATABASE CO-AUTHOR

42. HEALTH-RELATED QUALITY OF LIFE OF ADULT WITH TYPE 2 DIABETES MELLITUS IN RURAL AREA

INTERNATIONAL JOURNAL OF PUBLIC HEALTH AND CLINICAL SCIENCES

2016 JOURNAL OTHER DATABASE CO-AUTHOR

43. KNOWLEDGE OF PROPHETIC FOOD CONSUMPTION IN MALAYSIA: HALAL, HEALTH BENEFITS AND PRACTICES

CONTEMPORARY ISSUES AND DEVELOPMENT IN GLOBAL INDUSTRIES

2016 CHAPTER IN BOOK CO-AUTHOR

44. INDEKS SYARIAH MALAYSIA

2016 POLICY

45. THE NAQLI AND AQLI INTEGRATION IN THE TEACHING OF COMMUNITY HEALTH POSTING

INTERNATIONAL MEDICAL JOURNAL MALAYSIA

2015 JOURNAL SCOPUS CO-AUTHOR

46. NUTRITIONAL STATUS, KNOWLEDGE, ATTITUDE AND PRACTICES AMONG ORPHANS LIVING IN THE INSTITUTION IN SELANGOR AND MELAKA

MEDICAL JOURNAL OF MALAYSIA

2015 JOURNAL SCOPUS CO-AUTHOR

47. KNOWLEDGE ATTITUDE AND PRACTICES OF ISLAMIC KNOWLEDGE AND ITS APPLICATION IN RELATION TO NON-COMMUNICABLE DISEASES AMONG RESIDENTS IN KAMPUNG JELAWAI

2ND USIM INTERNATIONAL CONFERENCE ON MEDICINE AND HEALTH

2015 PROCEEDING NON-INDEX MAIN AUTHOR

48. CHARACTERISTICS OF UNCONTROLLED DIABETES MELLITUS TYPE-2 PATIENTS IN TAMPIN

5TH INTERNATIONAL PUBLIC HEALTH CONFERENCE

2015 PROCEEDING NON-INDEX MAIN AUTHOR

49. FEMALE CIRCUMCISION; CURRENT PERSPECTIVE AND THE WAY FORWARD

2ND USIM INTERNATIONAL CONFERENCE ON MEDICINE AND HEALTH

2015 PROCEEDING NON-INDEX CO-AUTHOR

50. PREFERENCE OF HEALTHCARE SERVICES AMONG RURAL COMMUNITY IN GEMAS NEGERI SEMBILAN

5TH INTERNATIONAL PUBLIC HEALTH CONFERENCE

2015 PROCEEDING NON-INDEX CO-AUTHOR

51. PRACTICE OF GOATS MILK AMONG MUSLIM COMMUNITY: A PRELIMINARY STUDY

17TH INTERNATIONAL CONFERENCE ON SHEEP, GOAT AND OTHER NON-COW MILK

2015 PROCEEDING NON-INDEX CO-AUTHOR

52. PENERAPAN NILAI ISLAM DALAM KESIHATAN MASYARAKAT: PENGALAMAN DI UNIVERSITI SAINS ISLAM MALAYSIA

2015 BOOK MAIN AUTHOR

PUBLICATION

53. OCCUPATIONAL HEALTH FOR UNDERGRADUATES

2015 BOOK MAIN AUTHOR

54. PREVALENCE AND DETERMINANTS OF STRESS AMONG MEDICAL STUDENTS OF UNIVERSITI SAINS ISLAM MALAYSIA (USIM)

ULUM ISLAMIYYAH JOURNAL

2014 JOURNAL OTHER DATABASE MAIN AUTHOR

55. KNOWLEDGE ATTITUDE AND PRACTICE ON NON-COMMUNICABLE DISEASES AND GENERAL HEALTH SEEKING BEHAVIOUR AMONG ADULT AT KAMPUNG GEDUK GEMENCHEH NEGERI SEMBILAN

4TH INTERNATIONAL PUBLIC HEALTH CONFERENCE

2014 PROCEEDING NON-INDEX MAIN AUTHOR

56. THE COMMUNITY HEALTH MEDICINE: EXPERIENCE OF UNIVERSITI SAINS ISLAM MALAYSIA

INTERNATIONAL SEMINAR ON SCIENCE AND TECHNOLOGY 2014

2014 PROCEEDING NON-INDEX CO-AUTHOR

57. KNOWLEDGE REGARDING DENGUE FEVER AMONG COMMUNITY IN GEMENCHEH NEGERI SEMBILAN MALAYSIA

INTERNATIONAL SEMINAR ON SCIENCE AND TECHNOLOGY 2014

2014 PROCEEDING NON-INDEX CO-AUTHOR

58. THE NUTRITION KNOWLEDGE OF ADOLESCENTS AND CHILDREN LIVING IN TWO ORPHANAGE INSTITUTIONS IN SELANGOR

4TH INTERNATIONAL PUBLIC HEALTH CONFERENCE

2014 PROCEEDING NON-INDEX CO-AUTHOR

59. CHILD SAFETY AT HOME: KNOWLEDGE AMONG MOTHERS OF PRESCHOOLERS ATTENDING URBAN MATERNAL AND CHILD HEALTH CLINICS

4TH INTERNATIONAL PUBLIC HEALTH CONFERENCE

2014 PROCEEDING NON-INDEX CO-AUTHOR

60. THE KNOWLEDGE ON HEALTH BENEFITS AND ACCESSIBILITY TO DATES AND GOAT MILK AMONG MUSLIM COMMUNITY IN KAMPUNG SG DUA NEGERI SEMBILAN

4TH INTERNATIONAL PUBLIC HEALTH CONFERENCE

2014 PROCEEDING NON-INDEX CO-AUTHOR

61. MUSCULOSKELETAL PROBLEMS AMONG AGRICULTURE WORKERS IN FELDA SUNGAI KELAMAH, GEMAS NEGERI SEMBILAN

MALAYSIAN JOURNAL OF PUBLIC HEALTH MEDICINE

2013 JOURNAL SCOPUS CO-AUTHOR

62. PERCEPTION AND SUPPORT FOR UNCONTROLLED DIABETES MELLITUS PATIENTS: STUDY AMONG THE POPULATION AT RURAL SETTING IN MALAYSIA

2ND GRF ONE HEALTH SUMMIT 2013

2013 PROCEEDING NON-INDEX MAIN AUTHOR

63. EMERGING DISEASES- IS IT ALWAYS ZONOTIC

USIM 4TH ANNUAL HEALTH CONFERENCE

2013 PROCEEDING NON-INDEX MAIN AUTHOR

64. MUSCULOSKELETAL PROBLEMS AMONG AGRICULTURE WORKERS IN FELDA SUNGAI KELAMAH, GEMAS NEGERI SEMBILAN

3RD INTERNATIONAL PUBLIC HEALTH CONFERENCE

2013 PROCEEDING NON-INDEX CO-AUTHOR

65. CHILDHOOD INJURY PRONENESS: PERCEPTION OF URBAN MOTHERS ATTENDING MATERNAL AND CHILD HEALTH CLINICS IN KUALA LUMPUR

3RD INTERNATIONAL PUBLIC HEALTH CONFERENCE

2013 PROCEEDING NON-INDEX CO-AUTHOR

PUBLICATION

66. BASIC STATISTICS FOR MEDICAL AND HEALTH SCIENCES

2013 BOOK MAIN AUTHOR

67. A CROSS-SECTIONAL STUDY ON FACTORS ASSOCIATED WITH LOWER BACK PAIN AMONG ADULT RUBBER TAPPERS IN FELDA JELAI NEGERI SEMBILAN

MALAYSIAN JOURNAL OF COMMUNITY HEALTH

2012 JOURNAL OTHER DATABASE CO-AUTHOR

68. MORE THAN PATIENT CARE: THE COMMUNITY HEALTH POSTING TRAINING MODULE FOR INTEGRATION OF ISLAMIC PRINCIPLES AND VALUES

SEMINAR SERANTAU INSTITUT PENGAJIAN TINGGI ISLAM (SEIPTI) 2012

2012 PROCEEDING NON-INDEX CO-AUTHOR

69. PREVALENCE AND FACTORS ASSOCIATED WITH MUSCULOSKELETAL DISORDERS AMONG ADULT RUBBER TAPPERS IN FELDA BUKIT ROKAN NEGERI SEMBILAN

1ST USIM INTERNATIONAL CONFERENCE ON MEDICINE AND HEALTH

2012 PROCEEDING NON-INDEX CO-AUTHOR

70. PROGRAM PEMINDAHAN ILMU 2012

2012 BOOK CO-AUTHOR

71. PERSEKITARAN

GAYA HIDUP SIHAT DAN PENCEGAHAN PENYAKIT SECARA AM

2012 CHAPTER IN BOOK CO-AUTHOR

72. COMPUTER VISION SYNDROME: THE ASSOCIATION WITH ERGONOMIC FACTORS

JOURNAL OF EPIDEMIOLOGY AND COMMUNITY HEALTH

2011 JOURNAL WOS MAIN AUTHOR

73. KNOWLEDGE ATTITUDE AND PRACTICE OF H1N1 INFECTION, TRANSMISSION AND CONTROL AMONG ADULTS IN TAMPIN

JOURNAL OF COMMUNITY HEALTH

2011 JOURNAL WOS CO-AUTHOR

74. KNOWLEDGE AND PRACTICES TOWARDS INFLUENZA A (H1N1) AMONG ADULTS IN THREE RESIDENTIAL AREAS IN TAMPIN NEGERI SEMBILAN: A CROSS SECTIONAL STUDY

THE MEDICAL JOURNAL OF MALAYSIA

2011 JOURNAL SCOPUS MAIN AUTHOR

75. COMPUTER USER: ERGONOMIC AND COMPUTER RELATED FACTORS THAT PREDISPOSE USER TO GET COMPUTER VISION SYNDROME

INTERNATIONAL JOURNAL OF BUSINESS, HUMANITIES AND TECHNOLOGY

2011 JOURNAL OTHER DATABASE MAIN AUTHOR

76. SELF-CARE AND LIFE STYLE MODIFICATION: KNOWLEDGE ATTITUDE AND PRACTICES AMONG DIABETIC PATIENTS

RCMP JOURNAL

2011 JOURNAL OTHER DATABASE MAIN AUTHOR

77. COMPUTER VISION SYNDROME: FACTORS CONTRIBUTED TO THE OCCURENCE

JOURNAL OF COMMUNITY HEALTH

2011 JOURNAL OTHER DATABASE MAIN AUTHOR

78. PREVALENCE AND CONTRIBUTING FACTORS FOR STRESS AMONG USIM MEDICAL STUDENTS

2ND ANNUAL HEALTH CONFERENCE

2011 PROCEEDING NON-INDEX MAIN AUTHOR

PUBLICATION

79. SOCIODEMOGRAPHIC AND WORK FACTORS PREDISPOSING UNIVERSITY STAFF TO DEVELOPE COMPUTER VISION SYNDROME IN MALAYSIA

WORK, STRESS AND HEALTH 2011

2011

PROCEEDING

NON-INDEX

CO-AUTHOR

80. PREVALENCE OF LOW BACK PAIN AND ITS ASSOCIATED FACTORS AMONG WORKING AGE POPULATION OF MUKIM KERU TAMPIN NEGERI SEMBILAN

2ND ANNUAL HEALTH CONFERENCE

2011

PROCEEDING

NON-INDEX

CO-AUTHOR

81. GARISPANDUAN PELAKSANAAN PROGRAM IMUNISASI HEPATITIS B BAGI ANGGOTA KEMENTERIAN KESIHATAN MALAYSIA. EDISI KEDUA

2011

BOOK

CO-AUTHOR

82. PROCEEDING FOR 2ND ANNUAL HEALTH CONFERENCE 2011

2011

BOOK

CO-EDITOR

83. STRESS AND POTENTIAL STRESSORS AMONG USIM MEDICAL STUDENTS

JOURNAL OF COMMUNITY HEALTH

2010

JOURNAL

WOS

CO-AUTHOR

84. PREVALENCE OF WORK-RELATED UPPER LIMBS SYMPTOMS (WRULS) AMONG OFFICE WORKERS

ASIA-PACIFIC JOURNAL OF PUBLIC HEALTH

2009

JOURNAL

SCOPUS

MAIN AUTHOR

85. WORK RELATED UPPER LIMBS SYMPTOMS AMONG WOMEN OFFICE WORKERS

THE 3RD HEALTH SEMINAR FACULTY OF MEDICINE & HEALTH SCIENCES USIM

2008

PROCEEDING

NON-INDEX

MAIN AUTHOR

86. WORK RELATED UPPER LIMBS SYMPTOMS AMONG WOMEN OFFICE WORKERS

THE 3RD HEALTH SEMINAR

2008

PROCEEDING

NON-INDEX

MAIN AUTHOR

87. WORK RELATED UPPER LIMBS SYMPTOMS AMONG OFFICE WORKERS

JOURNAL OF COMMUNITY HEALTH

2006

JOURNAL

WOS

MAIN AUTHOR

CONSULTATION

1. MEDICAL INNOVATION

SELF SPONSOR

2017

OTHERS

2. INDEKS SYARIAH MALAYSIA

JABATAN KEMAJUAN ISLAM MALAYSIA

2016

NATIONAL

3. OCCUPATIONAL HEALTH DOCTOR COURSE

NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEA

2015

NATIONAL

4. JAWATANKUASA KUMPULAN KERJA PEPERIKSAAN KESIHATAN PEKERJAAN

NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEA

2015

NATIONAL

5. CERTIFIED MEDICAL IMPAIRMENT ASSESSOR COURSE

NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEA

2015

NATIONAL

6. OCCUPATIONAL HEALTH NURSE COURSE

NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEA

2015

NATIONAL

7. OCCUPATIONAL FIRST AID COURSE

NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEA

2015

NATIONAL

8. OCCUPATIOANAL HEALTH DOCTOR COURSE

NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEA

2015

NATIONAL

9. JAWATANKUASA KUMPULAN KERJA PEPERIKSAAN KESIHATAN PEKERJAAN (OH)

NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEAL

2014

NATIONAL

10. MQA DOCUMENTS FOR BACHELOR OF ENVIRONMENTAL SAFETY AND HEALTH

ASIA METROPOLITAN UNIVERSITY

2013

OTHERS

11. EXAMINER FOR OCCUPATIONAL HEALTH DOCTOR COURSE

NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEA

2012

NATIONAL

12. MALAYSIAN QUALIFYING AGENCY - ACCREDITATION OF MBBS PROGRAM

MQA

2012

NATIONAL

13. ASIA METROPOLITAN UNIVERSITY EXTERNAL EXAMINER

2012

OTHERS

14. OCCUPATIONAL HEALTH DOCTOR COURSE

NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH

2011

NATIONAL

CONSULTATION

15. PENGURUSAN KESIHATAN PEKERJAAN DI MAKMAL

DEWAN BAHASA DAN PUSTAKA

2010

NATIONAL

16. OCCUPATIONAL HEALTH DOCTOR COURSE

NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH

2010

NATIONAL

17. OCCUPATIONAL HEALTH DOCTOR COURSE

NATIONAL INSTITUTE OF OCCUPATIONAL SAFETY AND HEALTH

2009

NATIONAL

AWARDS/RECOGNITION

1. ACADEMIC ADVISOR

EXTERNAL EXAMINER FOR DISSERTATION BACHELOR- UNIVERSITI PUTRA MALAYSIA

2025

UNIVERSITY

2. ACADEMIC ADVISOR

PUSAT PENGURUSAN PENYELIDIKAN DAN INOVASI

2025

UNIVERSITY

3. ACADEMIC ADVISOR

USIM

2025

UNIVERSITY

4. CLASSROOMS WITHOUT WALLS (CLAWW) - MOBILIZING FUTURE PUBLIC HEALTH ADVOCATES FOR DENGUE-FREE COMMUNITIES: HIGHLIGHTS THE EDUCATION-TO-ACTION TRANSITION AND COMMUNITY ENGAGEMENT, LINKED TO SULAM VALUES

3rd SULAM INNOVATE SHOWCASE AND SYMPOSIUM

2025

KEBANGSAAN

SILVER

5. AWARENESS, ACCEPTANCE AND WILLINGNESS TO PAY FOR DENGUE VACCINE AMONG ELDERLY ADULTS IN A SEMI- URBAN TOWN IN MALAYSIA

10th USIM National Health Seminar (NHS) 2025

2025

KEBANGSAAN

SILVER

6. ANUGERAH PERKHIDMATAN SETIA

2024

UNIVERSITY

7. ACADEMIC ADVISOR

FACULTY OF MEDICINE AND HEALTH SCIENCES

2024

UNIVERSITY

8. ANUGERAH LIBATSAMA KOMUNITI 2022 (KATEGORI PROJEK)

2023

NATIONAL

9. ACADEMIC ADVISOR

USIM

2023

UNIVERSITY

10. ACADEMIC ADVISOR

PUSAT PENGURUSAN PENYELIDIKAN DAN INOVASI USIM

2023

UNIVERSITY

11. ACADEMIC ADVISOR

USIM

2023

NATIONAL

12. ACADEMIC ADVISOR

USIM DAN UESSB

2023

UNIVERSITY

13. ACADEMIC ADVISOR

PANEL PENILAI GERAN KUMPULAN USIM

2023

UNIVERSITY

14. ACADEMIC ADVISOR

UNIVERSITY MALAYA

2023

UNIVERSITY

AWARDS/RECOGNITION

15. VISITING PROFESOR

UNIVERSITI PUTRA MALAYSIA

2023

UNIVERSITY

16. ACADEMIC ADVISOR

UNIVERSITY MALAYA MEDICAL CENTRE

2023

UNIVERSITY

17. ACADEMIC ADVISOR

BOARD OF STUDIES MASTER OF PUBLIC HEALTH (MPH) AND DOCTOR IN PUBLIC HEALTH (DRPH)

2023

UNIVERSITY

18. ACADEMIC ADVISOR

BOARD OF STUDIES MASTER OF SCIENCE IN PUBLIC HEALTH (MSCPH)

2023

UNIVERSITY

19. ACADEMIC ADVISOR

PUSAT PENGURUSAN PENYELIDIKAN DAN INOVASI

2023

UNIVERSITY

20. ANUGERAH PERKHIDMATAN CEMERLANG

2022

UNIVERSITY

21. ANUGERAH KHAS YB MENTERI PENGAJIAN TINGGI: REKA BENTUK KURIKULUM DAN PENYAMPAIAN INOVATIF (AKRI) 2022

2022

NATIONAL

22. ACADEMIC ADVISOR

PUSAT PENGURUSAN PENYELIDIKAN

2022

UNIVERSITY

23. PREVALENCE AND FACTORS ASSOCIATED WITH DEPRESSION AMONG THE ELDERLY IN PONDOI, NEGERI SEMBILAN

INNOVATION BANK CHALLENGE (IBC 2022)

2022

UNIVERSITY

GOLD

24. PREVALENCE AND FACTORS ASSOCIATED WITH DIGITAL HEALTH LITERACY LEVEL AMONG POPULATION IN PONDOI, NEGERI SEMBILAN

INNOVATION BANK CHALLENGE (IBC 2022)

2022

UNIVERSITY

SILVER

25. FIRST PLACE (SCIENCE CATEGORY) FOR THE PROJECT "KESIHATAN KOMUNITI : PEMBELAJARAN MELALUIKHIDMAT MASYARAKAT (GENTLE ALPHA TEAM)" IN THEGREEN SULAM

2021

NATIONAL

26. VISITING SCHOLAR

8TH USIM NATIONAL HEALTH SEMINAR

2021

NATIONAL

27. ACADEMIC ADVISOR

FACULTY OF MEDICINE AND HEALTH SCIENCES USIM

2021

OTHERS

28. PSYCHOLOGICAL IMPACT OF THE COVID -19 PANDEMIC AMONG UNDEGRADUATE STUDENTS A SYSTEMATIC REVIEW

4th USIM INTERNATIONAL HEALTH E-CONFERENCE

2020

ANTARABANGSA

GOLD

AWARDS/RECOGNITION

29. ACADEMIC ADVISOR

UNIVERSITI MALAYA

2019

NATIONAL

30. ACADEMIC ADVISOR

UNIVERSITI MALAYA

2019

NATIONAL

31. TOP 100 RESEARCHERS (2013-2017)

2018

UNIVERSITY

32. ACADEMIC ADVISOR

UNIVERSITI KEBANGSAAN MALAYSIA

2018

UNIVERSITY

33. TOP 100 RESEARCHERS USIM (2013-2017)

TOP 100 RESEARCHERS

2018

UNIVERSITI

CERTIFICATE OF APPRECIATION

34. GOLD MEDAL FOR NATIONAL E-CONTENT DEVELOPMENT COMPETITION (E-CON-DEV) 2017

2017

NATIONAL

35. ACADEMIC ADVISOR

INSTITUT PENYELIDIKAN DAN PENGURUSAN HALAL (IHRAM)

2017

UNIVERSITY

36. GOLD AWARD FOR THE MOOC ENTITLED HPV 101

NATIONAL e-CONTENT DEVELOPMENT COMPETITION (a-ConDev) 2017

2017

UNIVERSITI

GOLD

37. VISITING SCHOLAR

INSTITUT PENYELIDIKAN DAN PENGURUSAN HALAL

2016

UNIVERSITY

38. VISITING RESEARCHER

ISLAMIC SCIENCE INSTITUTE

2016

UNIVERSITY

39. ANUGERAH PERKHIDMATAN CEMERLANG 2014

2015

UNIVERSITY

40. VISITING SCHOLAR

JABATAN KEMAJUAN ISLAM MALAYSIA

2015

NATIONAL

41. VISITING RESEARCHER

JABATAN KEMAJUAN ISLAM MALAYSIA

2015

NATIONAL

42. VISITING RESEARCHER

ISLAMIC SCIENCE INSTITUTE

2015

UNIVERSITY

AWARDS/RECOGNITION

43. ACADEMIC ADVISOR

NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEALTH

2015

NATIONAL

44. ACADEMIC ADVISOR

NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEALTH (NIOSH)

2015

NATIONAL

45. ACADEMIC ADVISOR

NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEALTH (NIOSH)

2015

NATIONAL

46. ANUGERAH PENERBITAN 2013 - KARYA ASLI TERBAIK BUKU (KLUSTER SAINS TEKNOLOGI-BAHASA INGGERIS)

2014

UNIVERSITY

47. VISITING SCHOLAR

NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEALTH (NIOSH)

2014

NATIONAL

48. ACADEMIC ADVISOR

NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEALTH

2014

NATIONAL

49. VISITING PROFESOR

ASIA METROPOLITANT UNIVERSITY

2013

UNIVERSITY

50. VISITING RESEARCHER

INSTITUT PENYELIDIKAN DAN PENGURUSAN HALAL

2011

UNIVERSITY