



**PROF. MADYA DR.
NADEEYA'AYN UMAISARA
BINTI MOHAMAD NOR**

PENSYARAH PERUBATAN DU15

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Address: Fakulti Perubatan
Dan Sains Kesihatan

SUPERVISION

PhD - Completed: 1, Ongoing: 1

Master - Completed: 1, Ongoing: 1

AREAS OF EXPERTISE

Family Health

Other Public Health

Other Public Health N.e.c.

Public Health

BIOGRAPHY

A lecturer from Fakulti Perubatan Dan Sains Kesihatan. Holds a Phd in Kesihatan Masyarakat.

ACADEMIC QUALIFICATION

Phd in Kesihatan Masyarakat (2016)

Master in Kesihatan Masyarakat (2010)

Bachelor in Perubatan (2003)

Sijil in Matrikulasi (sains) (1998)

RESEARCH

1. OPTIMIZING STUNTING PREVENTION: IDENTIFYING THE RELATIONSHIP BETWEEN BIRTH WEIGHT, EXCLUSIVE BREASTFEEDING AND SOCIAL ENVIRONMENT ON THE NUTRITIONAL STATUS OF TODDLERS IN RURAL AND URBAN AREAS OF SOUTH SULAWESI, INDONESIA

2024 ON GOING MAIN RESEARCHER

2. AN EVALUATION ON THE EFFECTIVENESS OF FAMILY PLANNING MOBILE APPLICATION (RANCANGLAH) TOWARDS IMPROVING THE UTILISATION OF FAMILY PLANNING AMONG HIGH-RISK PREGNANT WOMEN

2024 ON GOING MAIN RESEARCHER

3. MATERNAL HEALTH AND WELLBEING

2024 ON GOING MAIN RESEARCHER

**4. THE EFFECTIVENESS OF DIGITAL EDUCATIONAL TOOLS
TOWARDS INCREASING FAMILY PLANNING UPTAKE AMONG HIGH
RISK PREGNANT WOMEN**

2021 COMPLETED MAIN RESEARCHER

**5. THE PREVALANCE, RISK FACTORS AND IMPLICATIONS OF
CHILDHOOD OBESITY TOWARDS CHILD'S PSYCHOSOCIAL WELL-
BEING AMONG CHILDREN IN SELECTED COMMUNITIES IN NEGERI
SEMBILAN**

2018 COMPLETED MAIN RESEARCHER

PUBLICATION

1. THE DEVELOPMENT OF RANCANGLAH, A FAMILY PLANNING MOBILE-BASED APPLICATION FOR PUBLIC USERS: THE CONCEPT AND USAGE POSSIBILITY.

2024 PROCEEDING

2. KAJIAN KEBERKESANAN APLIKASI KOMUNIKASI DIGITAL (RANCANGLAH) DALAM MENINGKATKAN PENGGUNAAN KAEDAH PERANCANG KELUARGA DI KALANGAN IBU MENGANDUNG BERISIKO TINGGI

2024 PROCEEDING

3. RANCANGLAH, A FAMILY PLANNING DIGITAL EDUCATIONAL TOOL IN ENHANCING FAMILY PLANNING AWARENESS: A USABILITY STUDY.

2024 PROCEEDING

4. MUSCULOSKELETAL HEALTH AWARENESS AND PREVENTIVE BEHAVIOURS AMONG ONLINE GAMERS. DO THEY PRACTICE IT WELL?

2024 PROCEEDING

5. UNVEILING THE LINK BETWEEN HOLISTIC HEALTH BELIEF, COMPLEMENTARY AND ALTERNATIVE MEDICINE ATTITUDES, AND BETTER QUALITY OF LIFE

2024 PROCEEDING

6. EFFECTIVE COPING STRATEGIES ADOPTED BY MALAYSIAN ACADEMICS DURING THE COVID-19 PANDEMIC

2024 PROCEEDING

7. PREVALENCE OF BURNOUT AND ITS ASSOCIATED FACTORS AMONG ACADEMICIANS IN HIGHER LEARNING INSTITUTIONS DURING THE COVID-19 PANDEMIC: A CROSS-SECTIONAL STUDY

2024 PROCEEDING

8. BRIDGING THE KNOWLEDGE GAP WITH ESPORTS PLAYERS THROUGH OUTREACH HEALTH EDUCATION AND SCREENING PROGRAMMES.

2023 PROCEEDING

9. USABILITY OF ?RANCANGLAH? FOR HEALTH EDUCATION IN FAMILY PLANNING: THE PERSPECTIVE FROM HEALTHCARE PERSONNEL

2023 PROCEEDING

10. VALIDATION OF ?RANCANGLAH?: A MOBILE-BASED APPLICATION THAT CREATES AWARENESS TOWARDS BETTER UTILISATION OF FAMILY PLANNING (FP)

2022 PROCEEDING

11. KNOWLEDGE, ATTITUDE AND PRACTICE OF HEALTH RISKS OF VIDEO GAMING TOWARDS EYES, HEARING AND BODY POSTURE AMONG MALAYSIAN PARENTS WITH CHILDREN UNDER 18 YEARS OLD

2022 PROCEEDING

12. PREVALENCE AND FACTORS ASSOCIATED WITH DEPRESSION AMONG THE ELDERLY IN PONDOI, NEGERI SEMBILAN

2022 PROCEEDING

13. DEVELOPMENT AND VALIDATION OF AN INSTRUMENT TO IDENTIFY THE SOURCE OF STRESSORS AMONG ACADEMICIANS OF HIGHER LEARNING INSTITUTIONS IN MALAYSIA DURING THE COVID-19 PANDEMIC: A PILOT STUDY

2022 PROCEEDING

14. DETERMINING THE PREVALENCE OF FAMILY PLANNING (FP) UTILISATION AND ITS ASSOCIATED FACTORS AMONG ADULTS IN MALAYSIA: AN ONLINE SURVEY.

2021 JOURNAL

15. DETERMINING THE PREVALENCE OF FAMILY PLANNING UTILISATION AND ITS ASSOCIATED FACTORS AMONG ADULTS IN MALAYSIA: AN ONLINE SURVEY

2021 PROCEEDING

16. KNOWLEDGE, ATTITUDE AND PRACTICE (KAP) TOWARDS COVID-19 PREVENTION AMONG MALAYSIAN ADULTS DURING THE PERIOD OF MOVEMENT CONTROL ORDER MCO: AN ONLINE CROSS-SECTIONAL SURVEY

2020 JOURNAL

17. KNOWLEDGE, ATTITUDE AND PRACTICES TOWARDS LIFESTYLE-RELATED NON-COMMUNICABLE DISEASES (NCDS): A CROSS-SECTIONAL STUDY AMONG INDIGENOUS ORANG ASLI ADULTS IN NEGERI SEMBILAN, MALAYSIA

2020 JOURNAL

18. KNOWLEDGE, ATTITUDES AND PRACTICES ON RISK FACTORS OF NON-COMMUNICABLE DISEASES (NCDS): A CROSSSECTIONAL SURVEY AMONG URBAN AND RURAL ADULTS IN NEGERI SEMBILAN, MALAYSIA

2020 JOURNAL

19. THE IMPACT OF MOTHER'S ROLES TOWARDS PREVENTING HOME INJURY IN PRESCHOOL CHILDREN IN KUALA LUMPUR, MALAYSIA

2020 JOURNAL

20. THE RELATIONSHIP BETWEEN PSYCHOSOCIAL WELL-BEING AND EATING BEHAVIOURS AMONG MALAY PRESCHOOL CHILDREN IN AN URBAN LOCALITY IN NEGERI SEMBILAN

2020 PROCEEDING

21. THE PSYCHOSOCIAL WELL-BEING AND ITS RISK FACTORS AMONG MALAY PRESCHOOL CHILDREN IN THE SELECTED URBAN COMMUNITY IN MALAYSIA.

2020 PROCEEDING

22. HYDRATION STATUS OF POSTPARTUM MOTHERS. DOES IT MATTER?

2018 JOURNAL

23. THE IMPACT OF MOTHER'S ROLES TOWARDS PREVENTING HOME INJURY IN PRESCHOOL CHILDREN

2018 PROCEEDING

24. BREAST CANCER AWARENESS AND PREVENTIVE BEHAVIOURS AMONG FEMALE UNDERGRADUATES IN UNIVERSITI SAINS ISLAM MALAYSIA

2018 PROCEEDING

25. HYDRATION STATUS OF POSTPARTUM MOTHERS. DOES IT MATTER?

2018 PROCEEDING

26. BREAST CANCER AWARENESS AND PREVENTIVE BEHAVIOURS AMONG FEMALE UNDERGRADUATES UN UNIVERSITI SAINS ISLAM MALAYSIA

2018 CHAPTER IN BOOK

27. HOME INJURIES IN PRESCHOOLERS. A HOUSEHOLD QUANDARY - WHO IS TO BLAME?

2017 PROCEEDING

28. KNOWLEDGE AND PERCEPTION TOWARDS HOME INJURY IN CHILDREN AND SAFETY MEASURES AMONG MALAYSIAN URBAN MOTHERS

2016 JOURNAL

29. MOTHERS' PRACTICES AND ITS ASSOCIATED FACTORS TO PREVENT HOME INJURY AMONG CHILDREN AGED 1-4 YEARS OLD IN KUALA LUMPUR

2015 PROCEEDING

30. CHILD SAFETY AT HOME: KNOWLEDGE AMONG MOTHERS OF PRESCHOOLERS ATTENDING URBAN MATERNAL AND CHILD HEALTH CLINICS

2014 PROCEEDING

31. CHILDHOOD INJURY PRONENESS: PERCEPTION OF URBAN MOTHERS ATTENDING MATERNAL AND CHILD HEALTH CLINICS IN KUALA LUMPUR

2013 PROCEEDING

32. STRESS AND POTENTIAL STRESSORS AMONG USIM MEDICAL STUDENTS: A CROSS SECTIONAL STUDY

2010 PROCEEDING

CONSULTATION/ADULATION

1. UNIVERSITY FOR SOCIETY (U4S) ZON SELATAN

2020 NATIONAL KEMENTERIAN PENGAJIAN TINGGI

2. MUKHANNATH MENURUT FIQH DAN PERUBATAN SERTA KAITANNYA DENGAN TRANSGENDER

2019 NATIONAL SANOFI-AVENTIS (MALAYSIA) SDN BHD

AWARDS/RECOGNITION

1. SILVER AWARD - SULAM INNOVATE AND SHOWCASE SYMPOSIUM

2025 NATIONAL

2. GOLD IN MEDINOVA 2025

2025 UNIVERSITY

3. GOLD IN MEDINOVA 2025

2025 UNIVERSITY

4. CLASSROOMS WITHOUT WALLS (CLAWW) - MOBILIZING FUTURE PUBLIC HEALTH ADVOCATES FOR DENGUE-FREE COMMUNITIES: HIGHLIGHTS THE EDUCATION-TO-ACTION TRANSITION AND COMMUNITY ENGAGEMENT, LINKED TO SULAM VALUES

2025 Kebangsaan Silver

5. ARE YOU WILLING TO PAY FOR DENGUE VACCINE? FINDINGS FROM A SMALL TOWN IN NEGERI SEMBILAN

2025 Antarabangsa Gold